

Fluoride testing will be performed after each race in the Vantaa Finnish Championship sprint and the Finnish Cup relay. In addition, competitors will be offered a pre-testing opportunity the evening before the race. The testing area is in the immediate vicinity of the finish and start areas. The testing protocol follows the rules of the International Ski Federation and the domestic guidelines, as applied.

Pre-testing

Testing opportunity for skis will be arranged the day before the race. The purpose of the pre-testing is to ensure that the skis have been cleaned correctly. Measurement results exceeding the limit values in the pre-testing will not lead to sanctions. Skis can be brought to the white testing tent located in the finish area for pre-testing:

Friday 7.2.2025, 17:00 – 18:00. Saturday 8.2.2025, after the race, approximately 16:30 - 17:30.

Marking of skis

- If the skis already have a FIS or SHL sticker, a new sticker is not needed – the old information can be removed with a cream remover
- New stickers can be obtained from the competition office if necessary
- The competition number is written (BIB on the FIS sticker) in the space reserved for it
 - o with a permanent marker and clearly
 - o if two pairs of skis are reserved for use for the Saturday sprint heat, write COMPETITOR NUMBER – 1 and COMPETITOR NUMBER – 2, e.g. 28-1, 28-2
 - o NOTE! At the Saturday sprint heats, new numbers are changed from 1-30
 - o at the Sunday relay, write TEAM NUMBER – LEG, e.g. 2 - 4

Testing protocol on Saturday 8.2.2025

Sprint qualification

- no testing before start
 - o after crossing the finish line, the competitor leaves his skis with the official in the finish area, who will move the skis to the rack in the testing area
 - o the skis can be picked up from the rack next to the testing area, outside the fence, no later than 30 minutes after crossing the finish line

Sprint finals

- no testing before start
 - o if an athlete reserves two pairs of skis for the heat stage, the second pair must be delivered to the ski rack, in a controlled area, before the start of their heat
 - o the skis of athletes who have advanced from a heat will be delivered to the above rack after the heat
 - o if an athlete drops out of the heat, both pairs of skis will be tested and after testing they will be delivered to a rack outside the fence, from which they can be picked up no later than 30 minutes after reaching the finish
 - o all kind of ski service is prohibited after the athlete has started their own individual heat

If the competitor does not leave his skis with the official after crossing the finish line, this will result in disqualification.

Testing protocol on Sunday 9.2.2025

- no testing before start
 - o after arriving at the changeover or finish, the competitor will leave their skis in the changeover or finish area with an official, who will move the skis to the rack in the testing area
 - o skis can be picked up next to the testing area, outside the fence from the rack, no later than 30 minutes after reaching the finish line

If the competitor does not leave the skis with the official after changing or crossing the finish line, this will result in disqualification.

Fluorine detection

The basic idea of fluorine testing is to ensure fluorine-freeness and equality. The purpose of the testing is not to "find fluorine" but to ensure equal competition. In the measurement, several measurement results that exceed the limit values must be clearly observed. One slightly different measurement result does not lead to rejection. The use of fluorine must be clearly visible and verifiable.