



# NORDIC JUNIOR COMPETITION

X-COUNTRY | SKI JUMPING | NORDIC COMBINED

Laajavuori, Jyväskylä  
16.-19.2.2023  
Team Captain's meeting



# Welcome words by the Organizing Committee



*Jyväskylän hiihtoseura (JHS) is one of the most successful ski clubs in the world  
8 Olympic golds, 35 other adult World Championship or Olympic medals, 6 overall World Cup victories*

# The Jury

- Technical Delegate (TD) Vesa Koppinen (FIN)  
+358405899259
- The Chief of Competition Jouni Lappalainen (FIN)  
+358406783760
- Assistant of the TD Anastasia Zaytseva (FIN)  
+358504145448



# Teams - Ski Jumping and Nordic Combined

- Estonia – 2 athletes (Ski jumping)
- Finland – 16 athletes
- Norway – 8 athletes
- Sweden – 2 athletes (Ski jumping)
  
- The Finnish national group (outside of the Nordic Junior Competitions)
- 10 athletes



# TD Speech

- Technical Delegate (TD) Vesa Koppinen (FIN)  
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# Judges and other Officials

- Judges
  - A Tapio Kallio (FIN)
  - B Pasi Taipale (FIN)
  - C Lars-Erik Eriksson (SWE)
  - D Kristi Loit (EST)
  - E Stein Arne Lunde (NOR)
- Officials
  - The chief of hill: Anssi Nieminen
  - The chief distance measurer: Risto Jussilainen
  - The chief of calculations: Jari Siitonen
  - The chief of course: Jouko Meriläinen
  - The chief of timekeeping: Tero Joutsen
  - The chief of first aid services: Paula Arvola
  - Judge attaché: Markku Husso (from Friday)



# The Competition Program

## Thursday 16th February

- **Training + PCR Nordic Combined**
  - 16:00 – 18:00 Free training HS68 and HS108
  - 18:00 – 18:30 Team Captain's Meeting
  - 18:45 – 19:30 NC PCR HS68 and HS108

## Friday 17th February

- **Individual competitions in Ski Jumping and Nordic Combined**
  - 10:00 – 10:30 NC Individual Ski Jumping HS68 (W)
  - 10:30 – 11:00 NC Individual Ski Jumping HS108 (M)
  - 11:00 – 12:00 SJ Individual Ski Jumping HS68 (W)
  - 12:00 – 13:00 SJ Individual Ski Jumping HS108 (M)
    - The Prize giving Ceremony after the races at the Ski Jumping Cafe
  - 14:30 – 15:30 NC Gundersen 5 km (W) 7,5 km (M)
    - The Prize giving Ceremony after the races at the Ski Stadium

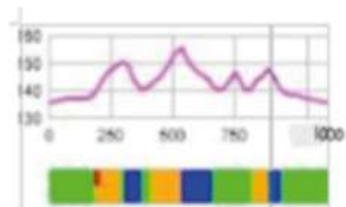
## Saturday 18th February

- **Team competitions in Ski Jumping and Nordic Combined**
  - 10:00 – 10:30 NC Team HS68 (W)
  - 10:30 – 11:00 NC Team HS108 (M)
  - 11:00 – 11:45 SJ Team HS68 (W)
  - 11:45 – 12:30 SJ Team HS108 (M)
  - 13:00 – 14:00 SJ Mixed team HS68
    - The prize giving ceremonies after the competitions at the Ski Jumping Cafe
  - 14:15 – 15:00 NC Team Gundersen 2 x 1 km x 3 (W) 2 x 1 km x 5 (M)
    - The prize giving ceremony after the races at the Ski Stadium

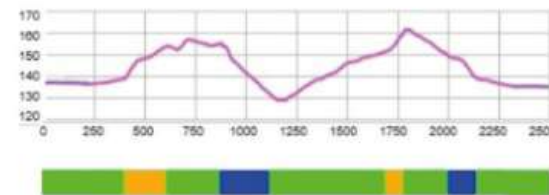




# Nordic Combined Skiing Route maps



Height difference (HD): 20m  
 Maximum climb (MC): 14m  
 Total climb (TC): 44m

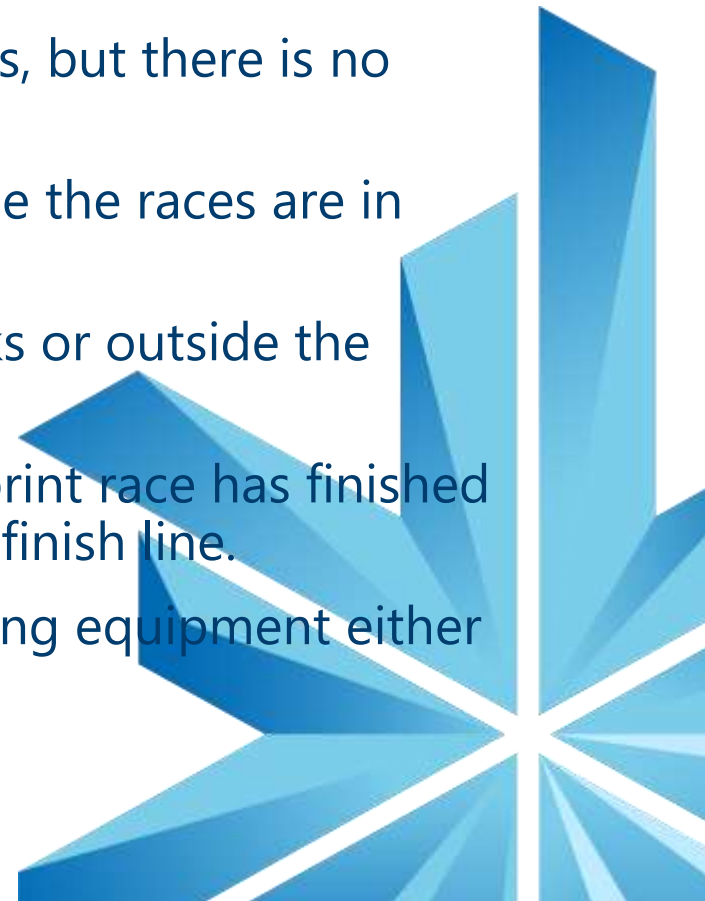


Height difference (HD): 27 m  
 Maximum climb (MC): 25m  
 Total climb (TC): 68m



# Nordic Combined Skiing

- The ski tracks are in busy competition use throughout the weekend, which is why skiing on the competition slopes is only possible in certain time windows
- It is possible to get to know the tracks in the evenings after the races, but there is no lighting everywhere on the racetracks.
- It is not possible to warm up in the stadium or on the racetracks while the races are in progress.
- Warming up and ski testing takes place either on the fitness ski tracks or outside the racetracks in use.
- Getting to know the track is possible on Friday after the x-country sprint race has finished and on Saturday after the last x-country competitor has reached the finish line.
- There are no dressing rooms at the ski stadium. Dressing and changing equipment either at the hotel or in the changing rooms of the jumping hills



# The First Aid

- A First Aid team is present at the jumping hills during the competition events.
- In an Emergency – **call 112**
  - The address of the Ski Jumping Hill is Hyppyritie 131, Jyväskylä
  - The address of the Ski Stadium is Hikipolku 1, Jyväskylä
- The Hospital Nova of Central Finland is open 24/7 (Hoitajantie 2, Jyväskylä)
  - 4 km from the SJ hill
  - Call 116 117 before
- Pihlajalinna Jyväskylä (private medical services)
  - Cygnaeuksenkatu 8 (+35810312118)
  - Ahjokatu 11 (+358145770100)



# Communication

- Team Captains, Coaches, Jury and Officials - Whatsapp
  - <https://chat.whatsapp.com/BExih5RqLaxE0SEMZSLlqRPMR-kanavat>
- Live results (ski jumping) and a live stream on Friday
  - <http://www.kilipa.com/>
- Nordic Combined – manual timekeeping
  - Results 5-10 min after the race at <http://www.kilipa.com/>
- The official results will also be distributed afterwards in pdf format on WhatsApp and on the competition website
  - <https://hiihtoliitto.fi/nordic-junior-competitions-2023/>
- PMR radio channel 2/5 is reserved for the competition organization
  - Back up channel 3



# Wheather



# Other

- Traffic lights only on HS108 hill – green light 5 s, blinking 10 s
- The Starter is in the tower – gives the permit to the athletes to go to the start gate (no yellow light) – radio contact to the Chief of the Competition
- No wind or speed measurement is in use
- Lunch is served from the food truck at the ski stadium for the Jury (athletes and guardians) and the officials' lunch is available in the Ski Jumping cafe.
- You can also buy coffee, tea and snacks from the cafe, as well as grilled sausage outside.
- Waxing - reserved booths at the ski stadium - coating/brushing possible in the basement of the hill tower – no hot waxing!



# Backup plan

- If the conditions do not guarantee safe jumping from the big jumping hill - we will prepare to move the competition to the HS68 hill for the men as well.
  - Jury meeting and decision
- OK for all teams?



