



Nordic Junior Competition
X-Country – Ski Jumping – Nordic Combined



17. – 19. February 2023
Jyväskylä, Finland



TEAM CAPTAINS' MEETING

Relays (3 x 3km W and 3 x 5km M)

18.2.2023



Nordic Junior Competition
X-Country – Ski Jumping – Nordic Combined



17. – 19. February 2023
Jyväskylä, Finland



AGENDA

1. OPENING THE MEETING
2. ROLL CALL
3. INTRODUCTION OF THE OC AND JURY
4. START LISTS
5. EVENT PROGRAM
6. STADIUM AND COURSE
7. SKI TESTING AND WARMING UP
8. WEATHER FORECAST
9. COURSE PREPARATION AND GROOMING
10. INFORMATION FROM THE TD
11. INFORMATION FROM THE OC



Nordic Junior Competition
X-Country – Ski Jumping – Nordic Combined



17. – 19. February 2023
Jyväskylä, Finland



ROLL CALL

- ESTONIA
- FINLAND
- NORWAY
- SWEDEN
- UNITED STATES
- REPRESENTATIVES FROM FINNISH SKI TEAMS



Nordic Junior Competition
X-Country – Ski Jumping – Nordic Combined



17. – 19. February 2023
Jyväskylä, Finland



INTRODUCTION OF THE OC AND JURY

OC

- Chairman of OC: Teemu Vesala
- Chief of Competition: Jarkko Kauppinen
- Race Secretary: Milla Tiainen
- Chief of Course: Oiva Rasimus / Pertti Pulkkinen
- Chief of Safety: Juha Tuikkanen
- Race Office: Tarja Virmala

JURY

- TD: Jussi Prykäri (FIN)
- TD Assistant: Riikka Sirviö (FIN)
- Chief of Competition: Jarkko Kauppinen (FIN)
- Jury Member: Pär Dudal (SWE)



Nordic Junior Competition
X-Country – Ski Jumping – Nordic Combined



17. – 19. February 2023
Jyväskylä, Finland



START LISTS

- 16 W Teams
- 15 M Teams
- Race numbers (bibs) are picked up at the number distribution point near the starting area from 09:30
 - Every athlete pick up his / her number
- Transponders are not used in competitions
- Race numbers are returned immediately after skiing to the box in the finish area



Nordic Junior Competition
X-Country – Ski Jumping – Nordic Combined



17. – 19. February 2023

Jyväskylä, Finland



EVENT PROGRAM SUNDAY 19 FEBRUARY

19.2.2023	EVENT	LOCATION
07:00 – 09:50	Official training relay 3 km/5 km course	Laajavuori Ski Center
10:00 – 11:00	Relay (C+F+F) 3 x 3 km (W)	Laajavuori Ski Center
11:00 – 12:00	Relay (C+F+F) 3 x 5 km (M)	Laajavuori Ski Center
11:00 – 15:00	Lunch Served	Laajavuori Ski Center
12:00 – 12:30	Victory Seremony	Laajavuori Ski Center

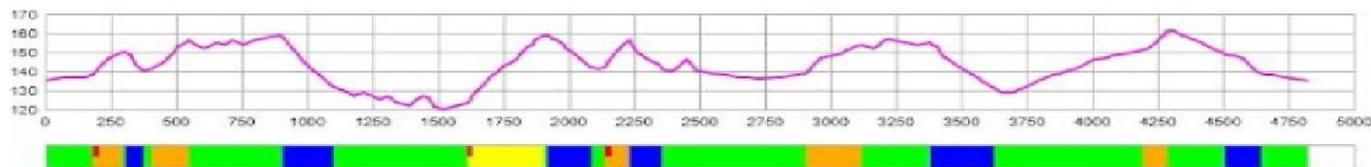


Nordic Junior Competition

X-Country – Ski Jumping – Nordic Combined

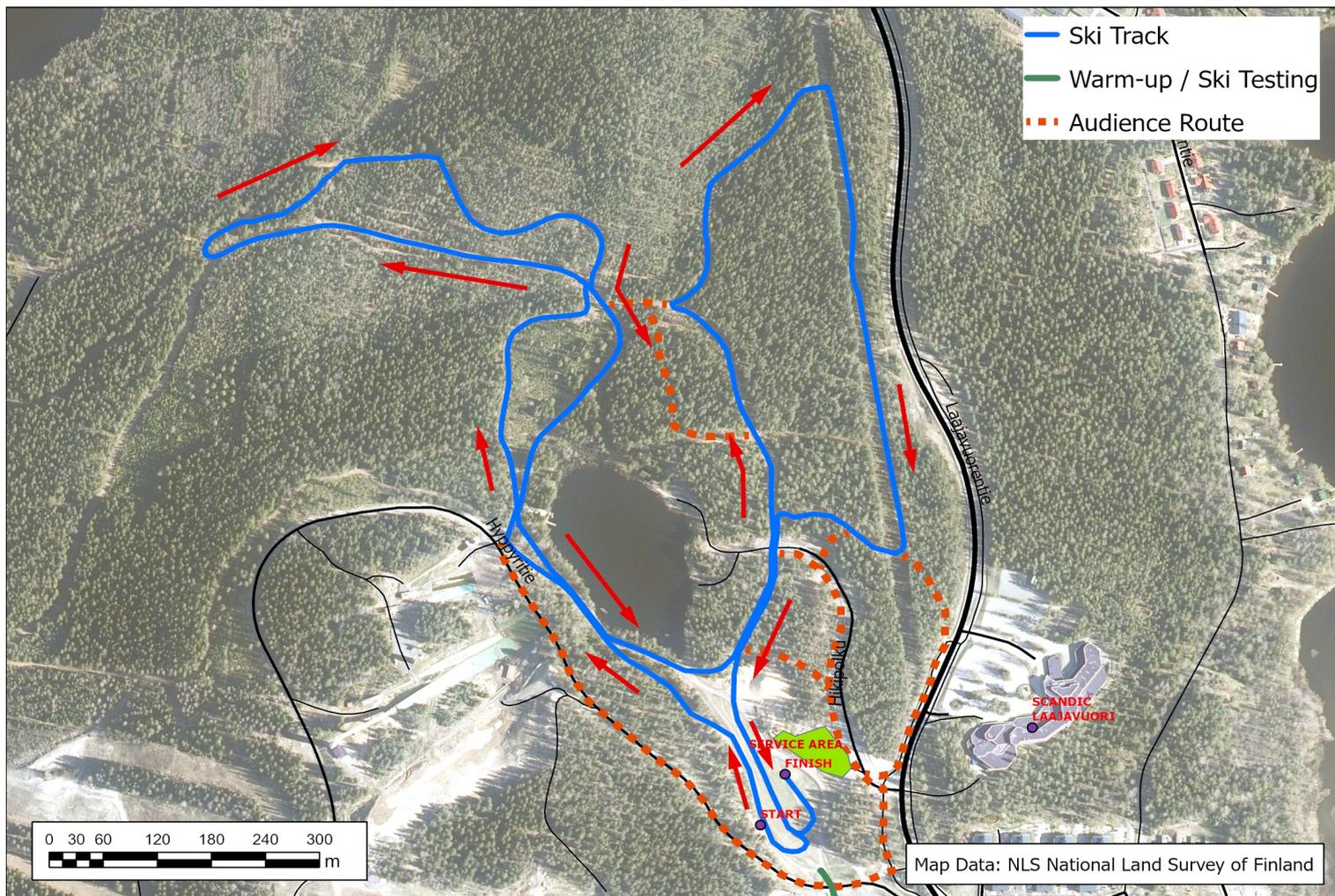


17. – 19. February 2023
Jyväskylä, Finland



COURSE: 5 KM

Height difference (HD)	41 m
Maximum climb (MC)	36 m
Total climb (TC)	166 m
Course length	4 827 m





Nordic Junior Competition

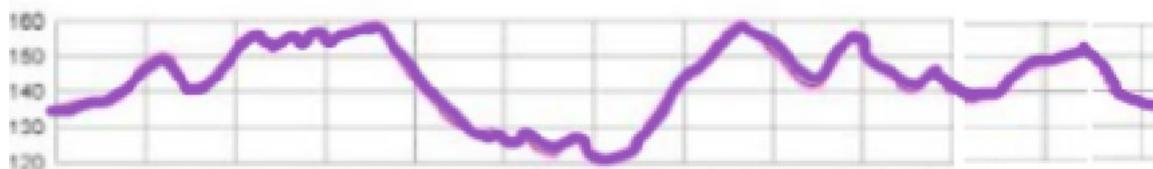
X-Country – Ski Jumping – Nordic Combined



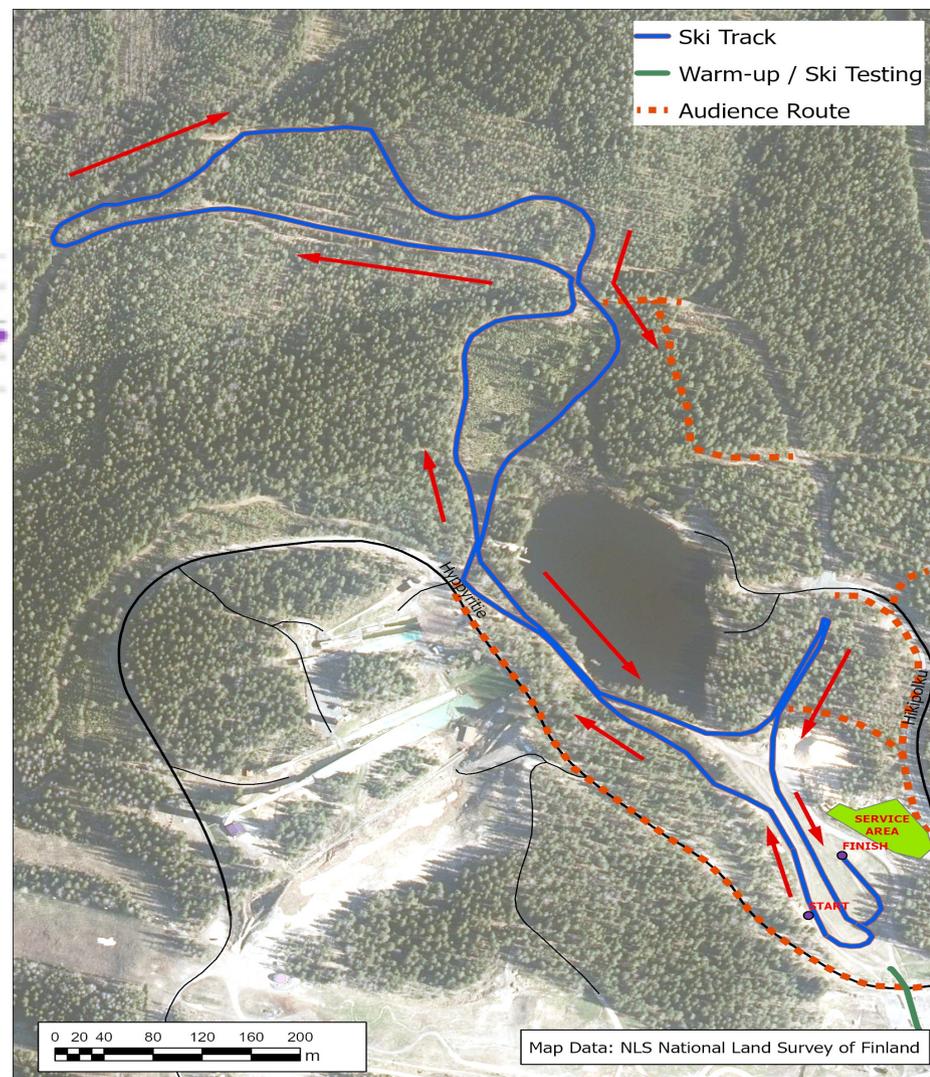
17. – 19. February 2023
Jyväskylä, Finland



COURSE: 3 KM



Height difference (HD)	39 m
Maximum climb (MC)	36 m
Total climb (TC)	130 m





Nordic Junior Competition
X-Country – Ski Jumping – Nordic Combined



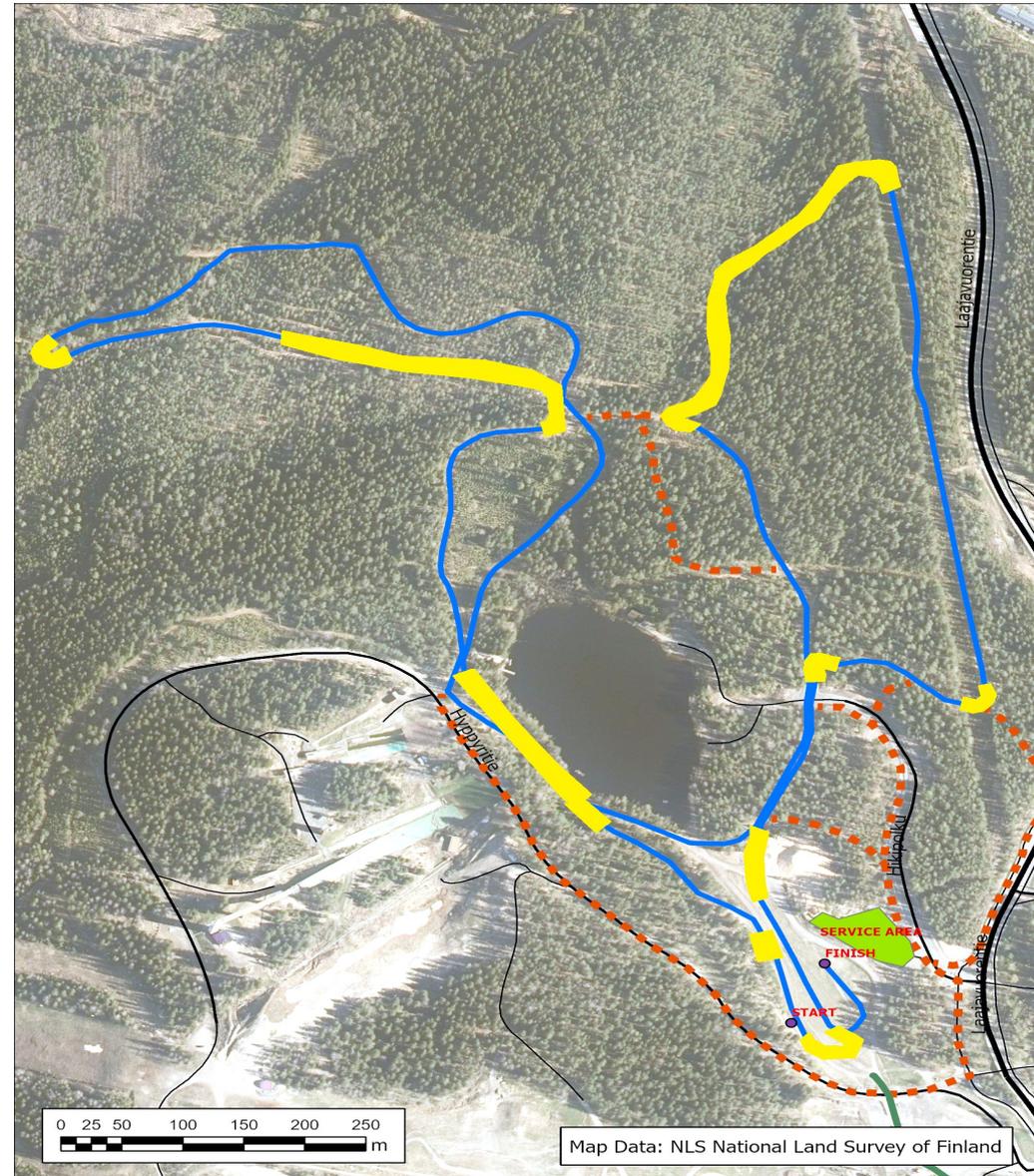
17. – 19. February 2023

Jyväskylä, Finland



TURNING TECHNIQUES AREAS: COURSE 5 KM

Turning techniques areas will
be marked to the track





Nordic Junior Competition
X-Country – Ski Jumping – Nordic Combined

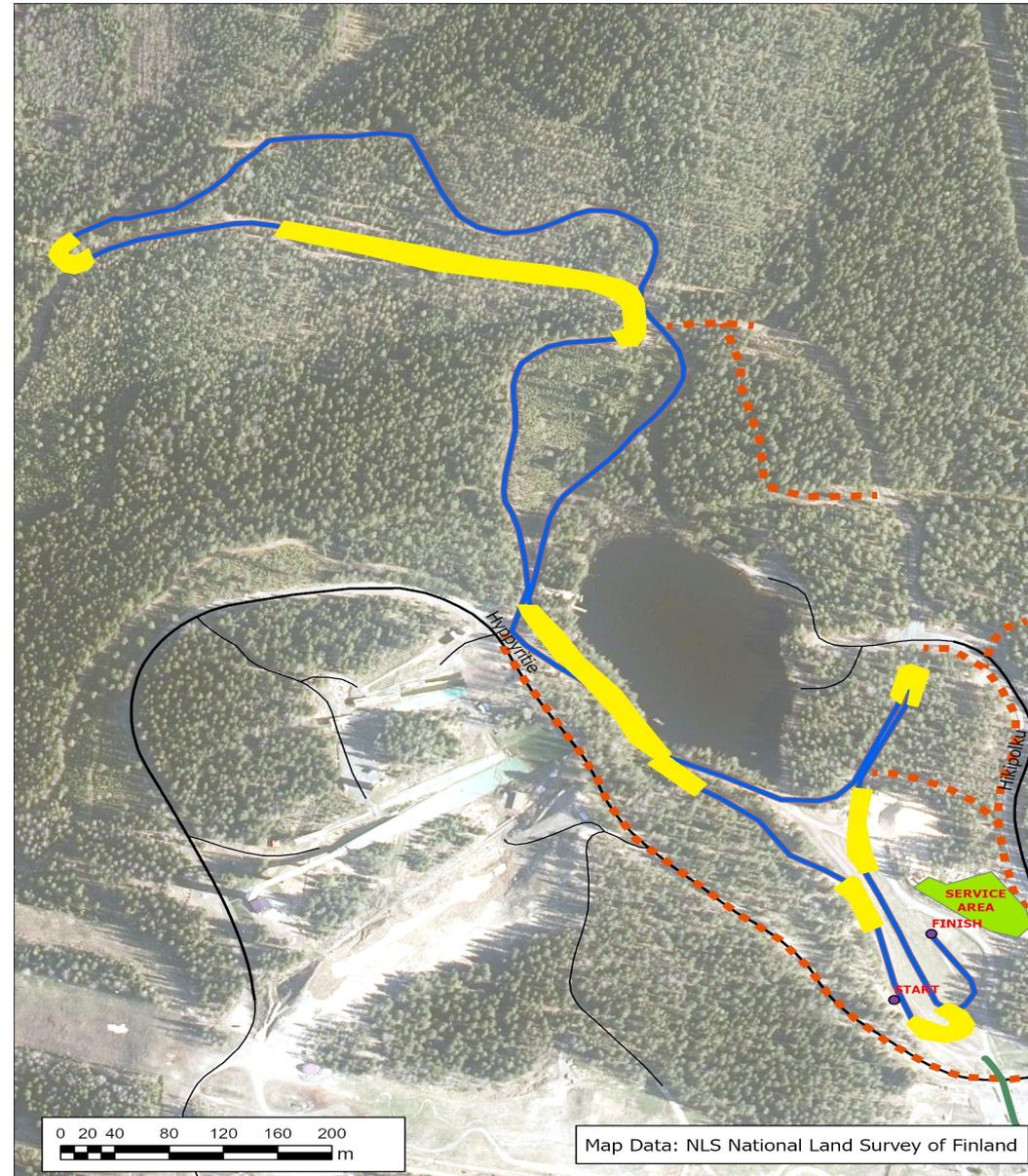


17. – 19. February 2023
Jyväskylä, Finland



TURNING TECHNIQUES AREAS: COURSE 3 KM

Turning techniques areas will
be marked to the track





Nordic Junior Competition
X-Country – Ski Jumping – Nordic Combined

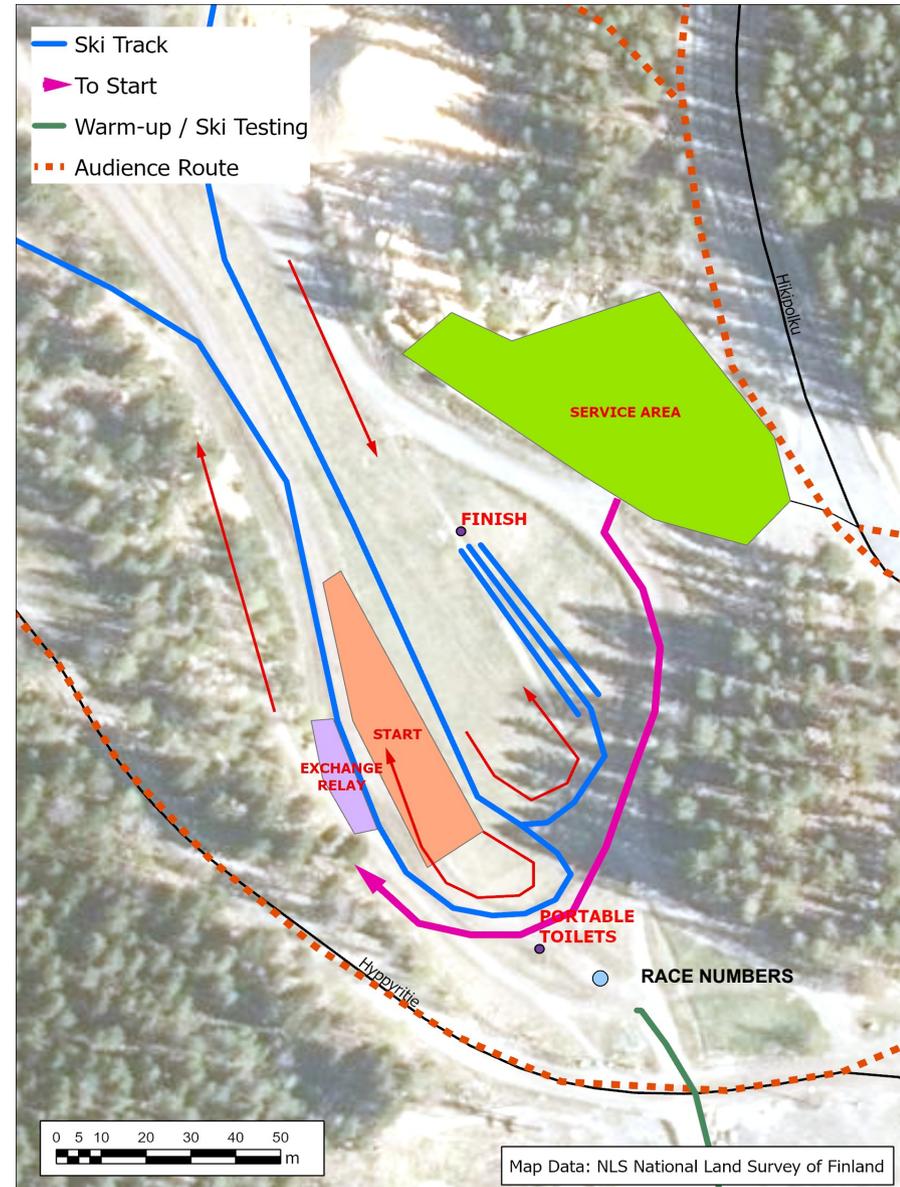


17. – 19. February 2023
Jyväskylä, Finland



STADIUM

- 3 tracks in the start
- 2 tracks all the way through the courses
- Uphills: tracks in the right and left side (free in middle)
- Exchange area in the left
- Plastic bags available to clothes storing
- Portable toilets near the start area





Nordic Junior Competition
X-Country – Ski Jumping – Nordic Combined



17. – 19. February 2023

Jyväskylä, Finland



SKI TESTING AND WARMING UP

- Ski testing and warm-up can be done in the 5k / 3k courses **IN RACE DIRECTION** until 09:50 am (10 min before the first start)
- Ski testing and warm-up during the race is not allowed in the sprint course
- Warm-up Track from Laajis (Downhill Ski Center) to Killeri
- Rest of the Laajavuori courses are available the whole day but they are open for public as well





Nordic Junior Competition
X-Country – Ski Jumping – Nordic Combined



17. – 19. February 2023
Jyväskylä, Finland



WEATHER FORECAST

Viikko	ILMATIETEEN LAITOS	FORECA
SU 19.2.	-4° -6° Δ 67% 2,4 mm	-4° -7° Δ 99% 2,8 mm
0.00	-5° Δ 64% 0,5 mm	-5° Δ 99% 1,1 mm
3.00	-6° Δ 62% 0,5 mm	-6° Δ 99% 0,7 mm
6.00	-6° Δ 65% 0,4 mm	-6° Δ 98% 0,3 mm
9.00	-6° Δ 59% 0,2 mm	-6° Δ 84% 0,2 mm
12.00	-5° Δ 49% 0,3 mm	-6° Δ 74% 0,4 mm
15.00	-4° Δ 40% 0,3 mm	-5° Δ 95% 0,3 mm
18.00	-5° Δ 37% 0,1 mm	-5° Δ 67% 0,1 mm
21.00	-5° Δ 32% 0 mm	-5° Δ 27% 0,1 mm



Nordic Junior Competition
X-Country – Ski Jumping – Nordic Combined



17. – 19. February 2023
Jyväskylä, Finland



COURSE PREPARATION AND GROOMING

Course will be groomed Saturday 18 starting latest from 02:00 am

Do you have any commenst / questions concerning the course or course preparation?



Nordic Junior Competition
X-Country – Ski Jumping – Nordic Combined



17. – 19. February 2023

Jyväskylä, Finland



GENERAL INFORMATION FROM THE TD

Relay exchange infractions in relay and team sprint competitions will be sanctioned by time penalties as follows: - relay competitions: minimum 30 seconds time penalty

In a team event, the exchange is achieved by the arriving competitor, with a tap of the hand on any part of the next competitor's body while both competitors are in the relay exchange zone. The next competitor may only enter the relay exchange zone when summoned. Any method of pushing the starting competitor is forbidden.

327.3.3 The starting order cannot be changed by substitution.

327.3.4 The Team starting position on the start grid will remain the same.



Nordic Junior Competition
X-Country – Ski Jumping – Nordic Combined



17. – 19. February 2023
Jyväskylä, Finland



GENERAL INFORMATION FROM THE OC

Waxing cabins' locks and keys returning on Sunday



Nordic Junior Competition
X-Country – Ski Jumping – Nordic Combined



17. – 19. February 2023

Jyväskylä, Finland



**CONGRATULATIONS FOR TODAY'S
WINNERS AND OTHER MEDALISTS**

**WE WISH YOU GOOD LUCK FOR
TOMORROW'S COMPETITION!**