



Nordic Junior Competition
X-Country – Ski Jumping – Nordic Combined



17. – 19. February 2023
Jyväskylä, Finland



TEAM CAPTAINS' MEETING

Free 5 km (W), 10 km (M)

17.2.2023



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AGENDA

1. OPENING THE MEETING
2. ROLL CALL
3. INTRODUCTION OF THE OC AND JURY
4. START LISTS
5. EVENT PROGRAM
6. STADIUM AND COURSE
7. SKI TESTING AND WARMING UP
8. WEATHER FORECAST
9. COURSE PREPARATION AND GROOMING
10. INFORMATION FROM THE TD
11. INFORMATION FROM THE OC



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ROLL CALL

- ESTONIA
- FINLAND
- NORWAY
- SWEDEN
- UNITED STATES
- REPRESENTATIVES FROM FINNISH SKI TEAMS



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INTRODUCTION OF THE OC AND JURY

OC

- Chief of Competition: Jarkko Kauppinen
- Race Secretary: Milla Tiainen
- Chief of Course: Oiva Rasimus / Pertti Pulkkinen
- Chief of Safety: Juha Tuikkanen
- Race Office: Tarja Virmala

JURY

- TD: Jussi Prykäri (FIN)
- TD Assistant: Pär Dudal (SWE)
- Chief of Competition: Jarkko Kauppinen (FIN)
- Jury Member: Riikka Sirviö (FIN)



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START LISTS

- Start lists available in the competition's website
https://www.extime.fi/kisasivut/2023_NJC_vapaa.htm
 - 74 W
 - 68 M
- Starting gap between competitors 30 s
- Gap between W and M starts about 23 min
- Race numbers (bibs) are picked up at the number distribution point near the starting area from 09:30
- Transponders are not used in competitions
- Race numbers are returned immediately after skiing to the box in the finish area



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EVENT PROGRAM SATURDAY 18 FEBRUARY

18.2.2023	EVENT	LOCATION
07:00 – 09:50	Official training 5 km/10 km (free) 5 km course	Laajavuori Ski Center
10:00 – 12:15	5 km (W) + 10 km (M) (free)	Laajavuori Ski Center
11:00 – 15:00	Lunch Served	Laajavuori Ski Center
12:30 – 12:45	Victory Seremony	Laajavuori Ski Center
17:00 – 18:30	Dinner Served	Scandic Laajavuori

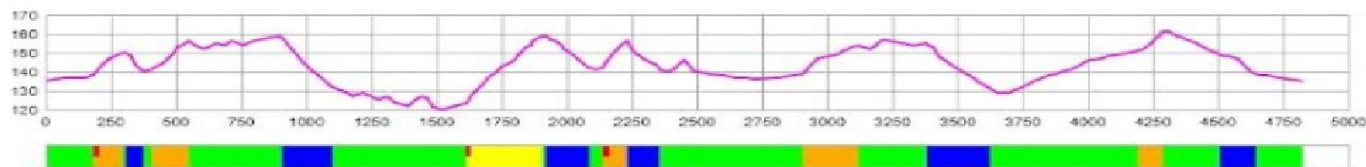


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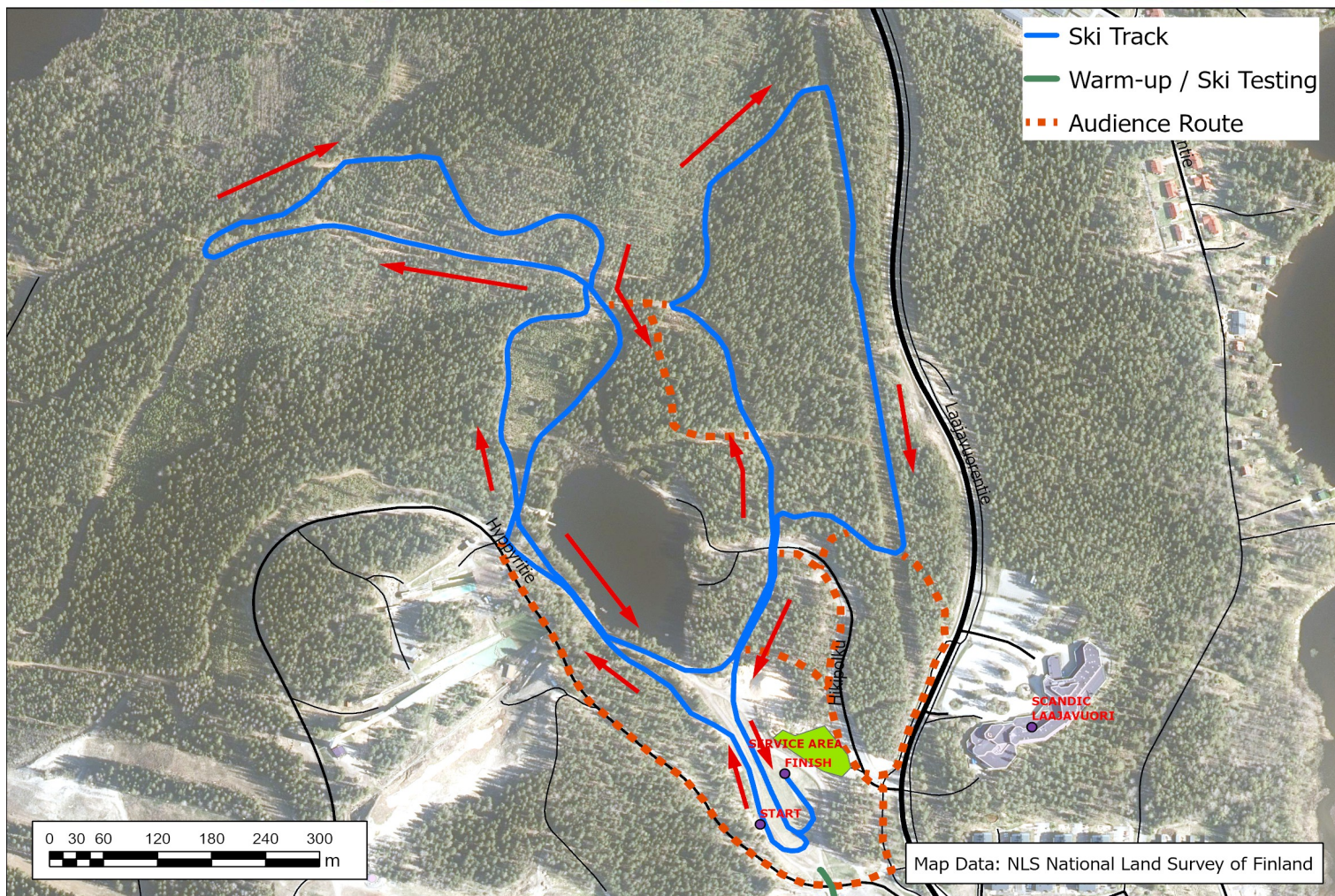


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COURSE: 5 KM

Height difference (HD)	41 m
Maximum climb (MC)	36 m
Total climb (TC)	166 m
Course length	4 827 m



NO Coaching Areas Defined



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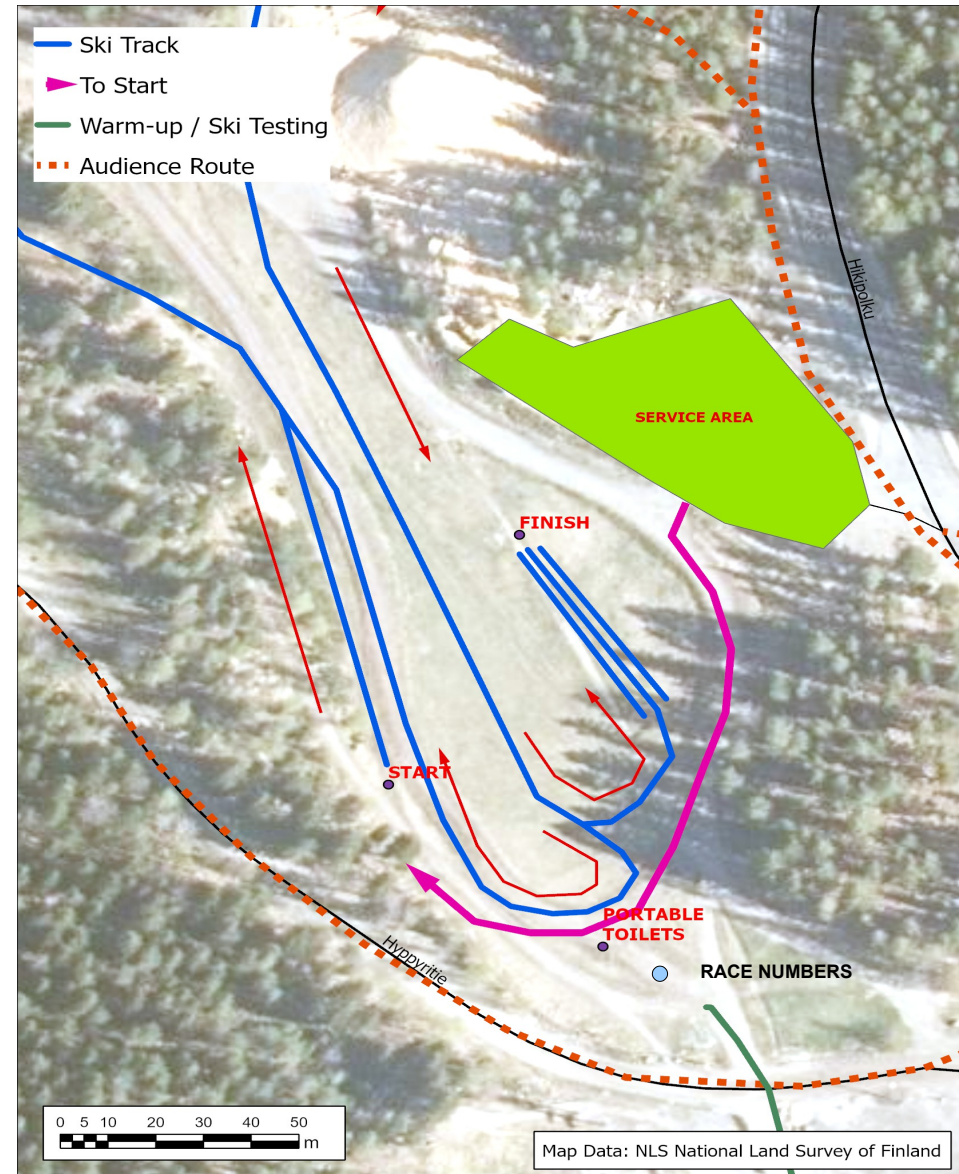


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STADIUM

- Plastic bags available to clothes storing
- Portable toilets near the start area





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SKI TESTING AND WARMING UP

- Ski testing and warm-up can be done in the 5k course **IN RACE DIRECTION** until 09:50 am (10 min before the first start)
- Ski testing and warm-up during the race is not allowed in the sprint course
- Warm-up Track from Laajis (Downhill Ski Center) to Killeri
- Rest of the Laajavuori courses are available the whole day but they are open for public as well





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WEATHER FORECAST

Viikko	ILMATIETEEN LAITOS	FORECA
LA 18.2.	+1° -4° (4) ∅ 100% 5,7 mm	+1° -5° (5) ∅ 99% 7,2 mm
0.00	+1° (4) ∅ 83% 0,3 mm	+1° (5) ∅ 77% 0,5 mm
3.00	0° (5) ∅ 75% 0,3 mm	-1° (5) ∅ 52% 0,5 mm
6.00	-1° (5) ∅ 69% 0,7 mm	-2° (5) ∅ 54% 0,5 mm
9.00	-2° (5) ∅ 94% 0,7 mm	-3° (5) ∅ 62% 1,0 mm
12.00	-3° (4) ∅ 98% 0,8 mm	-3° (5) ∅ 99% 1,4 mm
15.00	-3° (3) ∅ 90% 1,2 mm	-3° (4) ∅ 96% 1,7 mm
18.00	-4° (3) ∅ 90% 1,1 mm	-4° (3) ∅ 99% 1,3 mm
21.00	-4° (3) ∅ 90% 0,6 mm	-4° (3) ∅ 75% 0,5 mm



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COURSE PREPARATION AND GROOMING

Course will be groomed Saturday 18 starting latest from 02:00 am

Do you have any comments / questions concerning the course or course preparation?



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GENERAL INFORMATION FROM THE TD



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GENERAL INFORMATION FROM THE OC

If you have full trash bags in the waxing cabins, please ask new ones from the race office / info desk (Laajavuori Ski Stadium)



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**CONGRATULATIONS FOR TODAY'S
WINNERS AND OTHER MEDALISTS**

**WE WISH YOU GOOD LUCK FOR
TOMORROW'S COMPETITION!**