

FIS NORDIC JUNIOR AND U23 WORLD SKI CHAMPIONSHIPS
SKI JUMPING AND NORDIC COMBINED – LAHTI 9.-12.2.2021
COMPETITION PROGRAMME (updated 9.2.2021)

Tuesday 9.2.2021

- 08.00 Nordic Combined Team Captains' meeting
09.15 Nordic Combined official training HS 100 (2 round) men and women
Nordic Combined Provisional Competition round HS 100 men and women
13.00 Nordic Combined Official Cross Country training 2,5 km (South) men and women
13.30 Ski Jumping Team Captains' Meeting
16.00 Ski Jumping official training HS 100 (2 rounds) men
18.00 Ski Jumping official training HS 100 (2 rounds) women
TCM 30 min. after training (approval of the startlists)
19.00 Nordic Combined Team Captains' meeting

Wednesday 10.2.2021

- 12.00 Nordic Combined Trial Round HS 100 women
13.00 Nordic Combined Ski Jumping HS 100 women
16.00 Nordic Combined Ind. Gundersen 5 km women
Cross-country tracks open for training after the NC competition
Women's Ski Jumping moves to Thursday
19.00 Nordic Combined Team Captains' meeting

Thursday 11.2.2021

- 09.00 Ski jumping one training round HS 100 women**
Followed by Ski jumping HS 100 women
12.00 Nordic Combined Trial Round HS 100 men
13.00 Nordic Combined Ski Jumping HS 100 men
16.00 Nordic Combined Ind. Gundersen 10 km men
17.00 Ski jumping trial round HS 100 men
18.00 Ski jumping HS 100 men
TCM 30 min. after competition (approval of the team competitions W/M)
Cross-country tracks open for training after the NC competition
19.00 Nordic Combined Team Captains' meeting

Friday 12.2.2021

- 09.30 Nordic Combined Mixed team trial round HS 100
10.30 Nordic Combined Mixed team HS 100
13.00 Nordic Combined Mixed team 15 km
(Man 5km + Woman 2,5km + Woman 2,5km + Man 5km)
16.00 Ski Jumping trial round team competition HS 100 men
Followed by competition
18.10 Ski Jumping trial round team competition HS 100 women
Followed by competition